



The Gables Grapevine

Newsletter Date: Winter 2021



www.gablesmedicalgroup.nhs.uk

Address:

26 St Johns Road,
Bedlington
Northumberland
NE22 7DU

Contact Number:

Main Reception -01670 829889
Prescription Line: 01670 823000
Dispensing Line: 01670 823917
(for dispensing opening hours
please see page 2)

*****BUILDING EXTENSION*****

We are expanding the surgery building and construction work will be starting on the 29th November. We expect the work to be ongoing until March 2022.

We will be open as usual and apologise in advance for any noise or disruption this may cause and thank you for your patience.

We will be losing some of our car parking spaces whilst the work is ongoing and as such there will be limited parking. There is a car park opposite Wrights the bakers or next to the railway lines on the old pub site if you are unable to get parked at the surgery.

CHRISTMAS / NEW YEAR OPENING HOURS

We will be publishing the Christmas and New Year opening hours for the surgery & local pharmacies shortly on a news letter and on the website.

**PLEASE REMEMBER TO ORDER MEDICATION EARLY IF YOU
NEED IT OVER THE CHRISTMAS PERIOD,**



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**DISPENSING
DELIVERING
MEDICATION OVER
THE CHRISTMAS
PERIOD**

2022

Please note, as the surgery will be closed, there will be no delivery on Tuesday 28th December.

Deliveries will resume on Thursday 30th December

Please order your prescription early if you need it over Christmas



DISPENSING

As many of you will already know we have sadly had to close our branch surgery at Cambois.

The dispensary has moved up to the main site at Bedlington Station and Kerry and Kate continue to provide a dispensing service to those patients living in Cambois, North Blyth and East Sleekburn.

A delivery service is also available on a Tuesday and Thursday to those patients who are unable to get to the main site to collect medication and do not have anyone else who can do this for them.



DISPENSING OPENING HOURS

- ◆ Monday: 8:30am—3:30pm
- ◆ Tuesday: 8:30am—3:30pm
- ◆ Wednesday: 8:30am—2:30pm
- ◆ Thursday: 8:30am—2:30pm
- ◆ Friday: 8:30am—12:30pm

DISPENSING TELEPHONE HOURS

To order medication or speak to one of the dispensers you can ring their direct line on: **01670 823917**.

The telephone line is open:

- ◆ Monday: 8:30am —12:30pm
- ◆ Tuesday: 8:30am —12:30pm
- ◆ Wednesday: 8:30am —12:30pm
- ◆ Thursday: 8:30am —12:30pm
- ◆ Friday: 8:30am —12:30pm

If you are unable to ring during these times, you can ring 01670 823917 and leave a message.

COVID VACCINATIONS

This autumn has seen our staff delivering our seasonal flu vaccinations, covid booster vaccinations and 3rd primary doses to those who need it at the surgery.

To date:

- 2120 of our eligible patients have been vaccinated against flu.
- 1850 of our eligible patients have received a booster or 3rd primary dose.

All the staff have been working extremely hard throughout, giving up their free time and weekends to deliver this service & we have received some lovely, positive feedback from patients regarding their COVID vaccine experience.

Our last COVID clinic will be held at the surgery on Saturday 11th December but patients can still book an appointment for their booster through 119 if unable to get booked in at the surgery.

Local places offering booster vaccination

- Scout Hut, Guidepost (bookable through 119)
- Crescent Pharmacy, Ashington (bookable through 119)



Am I eligible for a Covid booster?

For up to date information as to who is eligible for a covid vaccination please visit:

[Coronavirus \(COVID-19\) booster vaccine - NHS](https://www.nhs.uk/coronavirus/covid-19/booster-vaccine)
(www.nhs.uk)

Face Coverings in the surgery

We still ask that when attending the surgery you continue to wear a face covering, many thanks

HM Government

NHS

FACE COVERINGS
to be compulsory on public transport and in shops

ALL INTERNATIONAL ARRIVALS
to take a day 2 PCR test and self-isolate until they receive a negative result

ALL CONTACTS
of suspected Omicron cases must self-isolate for ten days, regardless of their vaccination status

   



FLU SEASON 2021, ARE YOU ELIGIBLE??

We now have flu vaccinations available for patients aged 50 and over or those patients who are at higher risk of serious complications or even death if they catch flu.

Are you:

- Aged 50 or over?
- Pregnant?
- A person with diabetes?
- A person with a BMI equal to or over 40?
- A carer? - **Unpaid** carers can get a free NHS **flu jab** to protect the wellbeing of the person they **care** for.

Do you have a long-term condition of the:

- Lungs, asthma or COPD?
- Heart?
- Brain or nervous system?
- Kidneys?
- Liver?
- Immune system?
- Spleen?
- Learning Disability

If so, the Department of Health recommends that you have a flu jab.

Please call [01670 829889](tel:01670 829889) to book your appointment today



Flu Vaccines for children—This winter be prepared for Vince Virus and his friends

If you have a child over 6 months of age who has one of the conditions listed on the right, they should have the flu vaccination. All these children are more likely to become unwell if they catch flu, and it could make their existing condition worse. The flu vaccine does not work well in babies under 6 months old so it is not recommended.

Some other groups of children and young people are also being offered the flu vaccine. This is to help protect them against the disease and help reduce its spread both to other children, including their brothers and sisters, and of course, their parents and grandparents.

The children being offered the vaccine this year are:

- All 2 and 3 years of age (on the 1st August)
- All primary school aged children
- All year 7—year 11 secondary school-aged children
- Children with a health condition that puts them at greater risk of flu.

Children aged 2 & 3 years will be offered the vaccination at the GP surgery. School aged children and young people will be offered the vaccine through school. For most children, the vaccine will be given as a spray in each nostril. This is a very quick and painless procedure.

For more information on children and flu vaccination see NHS website information at: [nhs.uk/child-flu](https://www.nhs.uk/child-flu)

Little children are often great at spreading flu to each other and around the family. A free nasal spray flu vaccine is now available at the surgery for eligible children.*

To be eligible the child must be;

Aged 2 or 3 (on the 31st August 2021) or

Aged 2–17yrs and in a clinically at risk group**

Please note eligible children at primary & secondary schools will be offered the vaccine through school.

**Clinical at risk groups include chronic long-term illnesses such as

Heart disease,

Kidney disease,

Liver disease

Neurological disease

Asthma

Diabetes

Learning Disability

Some health conditions may mean that a child is not eligible for the nasal spray; if this is the case they may be offered an alternative injectable vaccine.

To book an appointment please ring 01670 829889



NEW STAFF

We have recently welcomed a number of new community/PCN staff to our practice, such as:

- Community Link Workers
 - Jane McGee –Team Lead
 - Carly Johnstone
 - Christine Edwards
 - Linda Childs
- Laura Clark—1st Contact Physiotherapist
- Emma Bolton—PCN Pharmacist
- Ellie Potts—Mental Health Worker
- Kayleigh Jennison—Mental Health Worker
- Cameron Brock—Pharmacy Technician

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